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# Hempton Parish News



June 2020

Parish Council Meeting Dates for 2020

July 16th, Sept 17th, Nov 19th

Meetings are held on a Thursday evening and start at 7pm.  
Held in the Church Rooms (unless otherwise stated). Everyone Welcome

Parish Clerk. Memorial Hall, The Green, Hempton. NR21 7LG Tel: 07703 464409  
email: hemptonparishclerk@gmail.com www.hemptonpc.info

Parish News. hemptonparishnews@gowards1.plus.com Tel: 07423 536921

## Welcome

We are still in strange times and we know that many are struggling with the isolation or stress and worry, there remains a feeling of unease amongst most of us but if you walk around the village you will notice that nature has not stood still - the lush greens of the trees and hedgerows, the heady scents of the lilacs and laburnums and the carefully tendered gardens in all their glory.

Hopefully, as things ease, we will all be able to go about our daily business and enjoy events and the company of others once more - in the meantime turn off the news, turn up the music and dance.

## Holy Trinity Church

Words from Father Paul,

Talking to a good friend the other day she said that the world seemed dead to her. This did surprise me for on the whole she is a positive person, she then went on that when she looked out of her window all she could see was the Hempton Green, that apart from the ducks and the occasional hurtling car along the Swaffham road there was no life. Not being able to see that far left or right, she said it is a bit like wearing blinkers, all could see is what is in front of her. At this time of lockdown all our lives can seem this way, we can become so fixated with the Coronavirus and the effects that it is having that we cannot see anything else, with no hope of life ever returning to normal.

Although it may not seem it at the moment life will go on, life may not return to how things were, which might not be a bad thing, but life will go on. Many of you are feeling lonely, frustrated angry with the world being left to our own devices, there can seem no hope for the future. There is a well know prayer called footsteps, which explains how God is with us even in the hardest of times. Take the opportunity to read this and think about it especially when you are feeling low, why not give a copy to your neighbour in doing so you will be holding their hand.

Deadline for next months newsletter 15th of this month



Let's spread  
some cheer !!

Please enter if  
you can

Scarecrow  
Trail  
around the village

May 11th—June 20th



A monthly non-denominational  
support group for those that  
have been bereaved

Meeting on the last  
**Wednesday of the month**  
**10.00am - 11.30am** at **Café Nelson**, Langham Glass  
Providing advice, practical and emotional support

If you'd like to know more please contact  
**Heather or Paul on 01328 862686**

[www.gowardsfuneralservices.co.uk](http://www.gowardsfuneralservices.co.uk)

## From the Parish Council

Sadly domestic violence is a part of everyday life... in the Police report from March 2020 (figures up to February 29th) there were 11 incidents recorded in our local community... potentially, there were others but we will never know because unreported means unrecorded. Don't suffer in silence, be brave and ask for some help.

Here is some information about how to find that help, and further advice and guidance from the Police ...

### VICTIMS of DOMESTIC ABUSE

We are acutely aware Coronavirus will have a serious impact on women, children and men who already face domestic abuse in their homes. Fears over jobs, financial pressure, school closures, working from home and all the other current changes to our day to day lives are likely to result in an increase in domestic abuse.

We do not want you to suffer in silence. As the situation changes daily, we want to ensure you feel you have someone there who can help. If you are in immediate danger you should call **999** or call **police on 101**.

There are many charities who can offer you support and guidance.

Leeway	0300 561 0077
Daisy Programme	01953 880903
Pandora	<a href="http://www.pandoraproject.org.uk">www.pandoraproject.org.uk</a>
Norfolk and Suffolk Victim Care	0300 303 3706
The Harbour Centre	01603 276381 (24/7)
Women's Aid	0808 2000 247 (24/7)
Refuge	0808 2000 247
GALOP (LBGT+Anti-violence charity)	0800 999 5428
Mankind Initiative (Male Victims)	01823 334244
Men's Advice Line (Male Victims)	0808 801 0327
Respect	020 3559 6650
(working with abusers to change their behaviour and male victims of domestic abuse)	

If you're a young person and domestic abuse is taking place in your home or relationship call **Childline on 0800 1111**



## Entry Form - Closing Date Thursday July 10th

NO	ANSWER	NO	ANSWER
1		21	
2		22	
3		23	
4		24	
5		25	
6		26	
7		27	
8		28	
9		29	
10		30	
11		31	
12		32	
13		33	
14		34	
15		35	
16		36	
17		37	
18		38	
19		39	
20		40	

**Prize: £10 Garden Centre Voucher**

**Completed entry forms should be posted in the Clerks' post box located on the front wall of the Memorial Hall by the closing date.**

Name ..... Tel. No .....  
Address .....

The winner will be drawn from all correct entries received and details will be published in the August newsletter. By submitting a completed quiz sheet all entrants will, by default, be giving us permission to contact them and publish their name should they win.

## Village Noticeboard

Report from PC1673 Rich Dawson - Beat Manager Fakenham

**TELEPHONE SCAM ALERT** - A telephone scam going around right now in our area and the perpetrators are getting away with thousands of pounds from residents in our area. Here's how it works;

The Victim receives a phone call from a male claiming to be from the Police. He tells the victim that someone has been arrested and found to be in possession of the victims bank details, usually their bank card.

The victim is then instructed to go to their bank, withdraw money as their account has been compromised and the 'police' will send a courier to collect the cash to make sure it is kept safe.

When victims have questioned it they are told to put the phone down and call 999 to get a crime number. Unfortunately, the line has been kept open by the scammer and when the victim calls 999 the phone is handed to another person who provides the crime number.

Believe it or not several people have been caught out and sadly they tend to be of the older generation and it doesn't always get reported.

**Police will never ask you to take money out of your bank account and will never arrange for a courier to collect it from you. Be suspicious and question what you are being asked to do.**

There are two ways to report any attempt even if no money is lost, either by **calling 101**, where additional resources have been put in place to deal with that, or by reporting on line at <https://www.norfolk.police.uk/contact-us/04-incident-or-crime>.

It is important we get as much info as possible. Basics would be exact time of call to victim (or as near as possible), any names mentioned during the call, number being called from if it is not withheld, accent of person calling (local, English, Foreign National). If the victim gets into the unfortunate situation where they have lost money it is not something to be embarrassed about and they should not be afraid to report it. These scammers are very good. They have details of their victims and sound very convincing. Even the most switched on person could get caught out.

On the positive side there have been some cases where the victim has realised what's going on, challenged the person calling them who then eventually hung up. **Don't let your family members get caught out as the scammers sound very plausible.**

# A Walk Around Hempton Quiz

Start and finish at The Bell PH.

NO	CLUE
	<b>START FROM THE BELL PH</b>
1	How many benches are there ?
	<b>TURN LEFT</b>
2	Where was the bread once baked ?
3	What TV Programme is at Number 10 ?
4	Where can you find the name of John Harrison ?
	<b>TURN LEFT</b>
5	How many butterflies can you see ?
6	Where could you have your nails manicured ?
	<b>TURN LEFT</b>
7	What must you be aware of ?
8	What date is shown on the villas ?
9	How many of the posts are marked with red ?
10	What number is Security Norwich ?
11	What number can be found on the first lamp in River Court ?
12	Who owns the Garden Seeds ?
	<b>TURN LEFT ONTO SMALL FOOTPATH</b>
13	What is the speed limit ?
14	Where does B1146 take you ?
	<b>CROSS MAIN ROAD AT CROSSING</b>
15	What is the collection time on a Saturday at the Post Box outside Mill Cottage ?
	<b>TURN RIGHT INTO SHEREFORD ROAD</b>
16	What can you see two of in the wall of the white cottage ?
17	What colour is Batterby ?
	<b>TURN AROUND</b>
18	Where could you have bought your stamps ?
19	Where do the 3 gnomes live ?
20	Where can you find a greyhound ?

# Compiled by Councillor Christine

	<b>TURN RIGHT AT MAIN ROAD</b>
21	What number is found at The White House ?
22	Who are H. Banham Ltd ?
23	How many ducks are on the post box ?
24	What keeps an eye on Luba Lodge ?
25	What is at NR21 ?
26	When was the circus ?
	<b>CROSS MAIN ROAD TO RESTRICTED BRIDLEWAY AND BARE RIGHT</b>
27	What can you see at the end ?
	<b>CROSS MAIN ROAD ONTO PAVED FOOTPATH AND TURN LEFT</b>
28	What do you find at the Racecourse ?
	<b>CONTINUE STRAIGHT ACROSS ROAD, TURN LEFT THROUGH 6'6"</b>
29	What is the name on the village sign ?
	<b>TURN LEFT ONTO PUBLIC FOOTPATH</b>
30	Where can you find the date of 1972 ?
31	Who supplied the shed ?
32	What time is Low Mass ?
33	How many tyres are in the Play Area ?
34	When was the Play Area opened ?
	<b>TAKE FOOTPATH TO MAIN ROAD BEHIND HORNS ROW</b>
35	What bird lives at Number 8 ?
	<b>TURN RIGHT ONTO FOOTPATH</b>
36	Who Welcomes You ?
	<b>TURN RIGHT</b>
37	What is the telephone number of the Garden Centre ?
38	What two numbers are on the BT Pole ?
39	What should you not do at the pond ?
40	Who is the licensee at the Bell ?

Please fill in your answers on the sheet provided on the next page. Good Luck.