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# Hempton Parish News



March 2020

Parish Council Meeting Dates for 2020

March 19th, May 21st - AGM 6.30pm, July 16th, Sept 17th, Nov 19th

Meetings are held on a Thursday evening and start at 7pm.  
Held in the Church Rooms (unless otherwise stated). Everyone Welcome

Parish Clerk. Memorial Hall, The Green, Hempton. NR21 7LG Tel: 07703 464409  
email: hemptonparishclerk@gmail.com www.hemptonpc.info

Parish News. hemptonparishnews@gowards1.plus.com Tel: 07423 536921

## Welcome

Welcome to the March edition of the Parish Newsletter. As we go about our daily lives we start to see Spring peeping out, green shoots, snowdrops and daffodils add a touch of colour. The sun begins to shine chasing the grey gloom of winter away and with the sun comes new beginnings in nature and for all of us.

Speaking of new beginnings we have been working hard to bring you a new style newsletter, a new village group and a Facebook page.

**Hempton Parish News** will bring you the news from the village and to keep you up-to-date with village events being organised for the months ahead.

**Friends of Hempton** Friends of Hempton is a new group created by the Parish Council purely for the organisation and running of village events.

**Become a Friend of Hempton** - If you are able to offer an hour or two to help at any of the events planned or indeed have ideas of your own to raise funds for the village amenities please don't hesitate to contact Heather or Jodie via the contact details on the front page.

Finally if you have any items, that you are happy to donate, which could be used as tombola or raffle prizes throughout the year please let us know and we can arrange collection. Thank you.

**Facebook page** - for those that would like to follow on there. Please like and share the page as it helps promote and advertise our events.

## Friends of Hempton



### PARISH COUNCILLOR VACANCIES

The Parish Council currently has 3 vacancies for Councillors.

If you're interested in becoming a Councillor or would like more information please contact the Parish Clerk (contact details on the front cover)

## Tea Time Teaser (Just for fun)

All the answers are names of sweets or chocolates



- |                                    |                                    |
|------------------------------------|------------------------------------|
| 1. 26 Mile Run .....               | 11. Be . . . . t and Between ..... |
| 2. The Red Planet .....            | 12. From the Florist .....         |
| 3. Clever People .....             | 13. 9,10,11,12 .....               |
| 4. Piece of Snow .....             | 14. 10 Pin Bowling .....           |
| 5. A Subject or Theme .....        | 15. From the Bakers too .....      |
| 6. Water or Horse .....            | 16. Falling Fruits .....           |
| 7. Wobbly Infants .....            |                                    |
| 8. Alcoholic Tooth Holders .....   |                                    |
| 9. The Lady Loves .....            |                                    |
| 10. A Luminous Band of Stars ..... |                                    |

### YOUR OPINION MATTERS

Hempton Parish Council and Pudding Norton & Testerton Parish Council are proposing a merger - to become

#### **Hempton with Pudding Norton & Testerton Parish Council**

The parish council services will remain the same but the Councillors will join together to create a united Council to service all of Hempton, Pudding Norton and Testerton.

It is expected that we would progress with the merger within the next two months, however we would like to hear your views and comments about this proposal.

Please contact the Parish Clerk  
Tel:  
Email:

Jodie Bond  
07703 464409  
hemptonparishclerk@gmail.com  
puddingnortonnpc@gmail.com

Alternatively please attend the next Parish Council meeting to discuss this with your Parish Councillors—

**Hempton - Thursday 19th March @ 7pm** Hempton Church Room  
**P. Norton - Thursday 7th May @ 7pm** The Gallow, Fakenham Racecourse

Deadline for next months newsletter 15th of this month

# Holy Trinity Church

Words from Father Paul -

The beginning of February saw the end of our Christmas celebration with the feast of the presentation of the Lord, known as Candle Mass, where Jesus was presented in the Temple in Jerusalem forty days after his birth as laid down by the Jewish law. At the end of February on the 26<sup>th</sup> we start the season of Lent with our Ash Wednesday service, in which we are reminded of our own mortalities and to put our trust in Christ Jesus where we will all find eternal life with our heavenly father. The season of Lent is a time of reflection, where we look at our lives, and a time for preparation for the resurrection of Christ at Easter. Lent is concluded on Good Friday when Christ died for our sins on the Cross. To aid us in our reflection and preparation for Easter we are called upon to fast, to deny ourselves of the simple pleasures in life.

We are all now familiar with the concept of fasting with the advent of Dry January and the such, whereas Dry January deals very much with the health of our bodies, our Lenten fast is more about our spiritual health. As we give up something physical, such as alcohol, we draw on our strengths in prayer or meditations to help us pass through those hard times when we want nothing more than to give up our fast. In this we examine ourselves in our meditation confronting our weaknesses, as well as drawing ourselves closer to God in our prayers. This Lenten fast differs from that of Dry January in that we should not be boasting about our fasting, making no outward show of it, for it is meant to be between you and God alone, kept in the secret of your heart. Fasting is but one side of our Lenten discipline, the other is to take something up that is good for you and for those around you. This could be as simple as smiling and saying hello to those you meet on the street. In our busy lives we sometimes have little time for each other, so why not make yourself known to your neighbours, they may well be lonely and in need of a friend. If we do nothing this Lent, perhaps we could consider our neighbours and build a better community for us all. You are all more than welcome to come to Holy Trinity, this Church is for us all not just a chosen few. Do not worry if you are not a Christian you will still be warmly welcomed our doors are always open.

## CHURCH SERVICES DURING LENT

Ash Wednesday	10.00am	Wednesday	
		Morning Prayer	9.30am
		Station of the Cross and Mass	10.00am
Sunday		Mothering Sunday 22nd March	
Morning Prayer	9:30am	Morning Prayer	9.30am
Mass	10.00am	Mass	10.00am

## Church Room Bookings

Hall Hire £ 5.00 per hour

For more information or to book the Church Room please contact  
Christine on 01328 856147

# Village Noticeboard - News and Events

## Annual Daffodil Tea

Sunday 29th March

2 - 4 pm

Hempton Memorial Hall

An event for the whole family  
Delicious Refreshments,  
Children's Activities  
Bring and Buy Table



Hempton Parish Church

Saturday March 14th

10am - 2pm

Refreshments available



Keep the date

## MID-SUMMER FETE

on the green

Saturday June 20th

12 - 3.30pm

An event for the whole family

## & Table Top Sale

Saturday July 18th

Hempton Memorial Hall

Time to be confirmed - WATCH THIS SPACE

## Other News and Events

*Invitation to come and meet your local MP*

**Mr Jerome Mayhew M.P.**

**Mr Mayhew is planning on attending the next Parish Council meeting on March 19th 7pm at Hempton Church Room**

***Come and pose any questions you may have relating to local matters.***



Hempton Parish Council are very grateful to the NNDC Big Society Fund for generous funding towards the duck pond project.

The total sum received was £3800, it is hoped that the project will get underway this year.

## Group Chat

Each month we are hoping to provide more detailed information on the various groups that meet in the Village.

This month we kick off with **HEMPTON CRAFTY COLLECTIVE** –

- Do you have craft projects lying around unfinished ?
- Are you interested in seeing what other crafty people are creating ?

Then please do come and join us on the THIRD Saturday of every month for a half day of finding new friends, finishing projects, starting new ones with plenty of laughter and conversation.

We have a few workshops every year (we've been taught beading, felting and sewing amongst other things) which you can join in with or just 'do your own thing'. We also have our yearly visit to the NEC each November.

**We meet at:** Hempton Church Room

**Time:** 9.30am – 2.00pm

**Cost:** £ 5 per meeting

*No membership fees – Workshops priced accordingly*

*For further information please contact :*

**BECKY** on 07577 644892 or email [manicum@manicum.net](mailto:manicum@manicum.net)

## Memorial Hall Events

MONDAY			
Bowls		1.00pm - 4.00pm	
Zumba			7.00pm - 8.00pm
TUESDAY			
Artists on the Green	9.45am - 12.45pm		
Fakenham Painters		1.30pm - 4.30pm	
Line Dancing			5.45pm - 7.45pm
Faith Church	9.30am - 11.30am		7.45pm - 9.45pm
WEDNESDAY			
Keep Fit	9.45am - 12.30pm	12.45pm - 2.15pm	
Rainbows			4.30pm - 6.00pm
Lace Making			7.00pm - 9.00pm
THURSDAY			
Yoga	11.00am - 2.30pm		
Brownies			5.00pm - 6.00pm
Dog Training			7.00pm - 10.00pm
FRIDAY			
Bowls		1.00pm - 4.00pm	
SUNDAY			
Faith Church	9.30am - 1.00pm		

## Hempton Church Rooms

Monday		
Rosemary Rooms	10.30am - 12.30pm	Weekly
Fakenham Wives	7.30pm - 9.30pm	Monthly
Tuesday		
Wood Carvers	9.00am - Midday	Bi-Weekly (2nd & 4th Tues)
Fakenham WI	7.30pm - 9.30pm	Monthly (2nd Tuesday)
Wednesday		
Coffee Morning	10.30am	Monthly (1st Wednesday)
Saturday		
The Crafty Collective	9.30am - 2.00pm	Monthly (3rd Saturday)